

# 太極拳 Benjamin Lo Workshop, May 28-31, 2010



Hello T'ai Chi Friends,

We are very pleased to announce that Mr. Benjamin Lo will again be returning to Southeastern Wisconsin to offer a workshop over the Memorial Day weekend. Priority will be given to those who register for ALL of the Form classes Fri, Sat, and Sun. Register early to reserve your space! **This year, Mr. Lo requests that participation in each Form class requires attendance in the ones that have preceded it. For those wishing to attend only Monday morning; a minimum of 10 years of form practice and previous experience with Mr. Lo is required.**

SCHEDULE: Friday, May 28, 7:00-9:00 pm, in the Gym  
Beginning Form Class, (CMC form Students –ALL LEVELS)

Saturday, May 29, 10:00-12:00 am, room to be announced  
Form Corrections, MUST HAVE ATTENDED FRI. EVENING

Saturday, May 29, 2:30-4:30 pm, room to be announced  
Form Corrections, MUST HAVE ATTENDED SAT. MORNING

Sunday, May 30, 10:00-Noon, room to be announced  
Form Corrections, MUST HAVE ATTENDED SAT. CLASSES

Sunday, May 30, 2:30-4:30 pm, Activity Room  
Push Hands Class, all Corrections-Level students welcome

Monday, May 31, 10:00-Noon, Riverview Room  
Class for advanced students (10 + YRS--call for more information)

LOCATION: Frame Park, Waukesha: Schuetze Recreation Center  
1120 Baxter Street, Waukesha, WI 53186

FEE: \$60 for each two-hour class. Checks payable to: **Benjamin Lo**.  
**Please PRE-REGISTER! We cannot take fees at the door!**

Mr. Lo will have copies of his new edition of The Essence of T'ai Chi Ch'uan: The Literary Tradition available for those who would like to purchase it. Please check the box on the registration form, and add \$20.00 to the fees. If interested in a book, we must receive your registration by May 1, as the books will be shipped ahead of time.

FOR MORE INFO: Jim Bayer (414) 475-6857 jim@everydaytcc.com

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Please print clearly. We cannot take any fees at the door, so please pre-register by May 21 (or if with book, by May 1)! Include all fees with your registration, refunds will be available if you can't make the workshop, provided you give at least 48 hours' notice. Thank you.

NAME Yrs of Practice

ADDRESS CITY ZIP

TELEPHONE EMAIL

**Please circle the classes you wish to attend:** (Call if you have scheduling conflicts or questions)  
(Must be practicing whole CMC form to attend classes from Saturday 2:30pm through Monday)

Fri. 7-9    Sat. 10-12    Sat. 2:30-4:30    Sun 10-12    Sun 2:30-4:30    Mon 10-12

Fee is \$60 per class.    Book \$20    yes    no    Amount enclosed: \_\_\_\_\_

Will you need lodging during the workshop?    yes    no

Can you host others that may need lodging?    yes    no

MAIL TO: Jim Bayer  
8540 W. McMyron St.  
Milwaukee, WI 53214

**MAKE CHECKS TO: Benjamin Lo**

Dear Tai Chi Friends,  
I am excited to see you again!! My sincere appreciation goes to Jim Bayer for helping me with Mr. Lo's workshop here in WI. Jim has volunteered to handle registrations for this amazing opportunity, so call him with any registration questions. If you have questions about the practice facility, please contact me: 262-662-1060 or [pat@enhancingbalance.com](mailto:pat@enhancingbalance.com).



I look forward to practicing with you,  
*Pat Corrigan Culotti*