



Tai Chi Center of Madison

January 7 - April 27

B = *Beginners Welcome* DAYTIME EVENING

301 S. BEDFORD CLASSES

MONDAY

CODE

10:30 - 12:00 **B** Tai Chi Fundamentals & The ROM Dance RMA

6:00 - 7:00 **B** Breathing Earth Qigong (Steven Spiro) MQG

7:00 - 8:00 **B** Tai Chi Fundamentals (All levels) FMP

TUESDAY

9:30 - 10:30 Yang 2 Intermediate Tai Chi 2TA

10:30 - 11:45 Yang 3-4 Intermediate - Advanced Tai Chi 4TA

5:30 - 6:30 Yang 3-4 Advanced Tai Chi 4TP

6:30 - 7:30 **B** Yang 1 Beginning Tai Chi 1TP

THURSDAY

9:30 - 10:30 **B** Yang 1 Beginning Tai Chi 1RA

5:30 - 6:30 **B** Yang 1 Beginning Tai Chi 1RP

6:30 - 7:30 Yang 3-4 Intermediate - Advanced Tai Chi 4RP

7:30 - 8:30 **B*** Sensing Hands *(Req: Previous or concurrent form class)* RSH

SATURDAY

9:00 - 10:00 **B*** Sensing Hands *(Req: Previous or concurrent form class)* SSH

10:00 - 11:00 **B** WCC Chen's 60 Mvt's WCC

11:00 - 12:00 WCC Chen's Long Form SLF

Noon - 1:00 **B*** Beginning Tai Chi Sword SSW

6333 ODANA RD. CLASSES (at SPACE)

WEDNESDAY

10:00 - 11:00 **B** Tai Chi Fundamentals FWA

5:30 - 6:30 **B** Tai Chi Fundamentals FWP

* Requires previous or concurrent form class.



← **Daytime Classes**
are in **white boxes**

← **Evening Classes**
are in **grey boxes**

← **Qigong!**

← **New!**

← **New!**

B is for **Beginner!**

New to Tai Chi? Start with a class marked **B**. "Tai Chi Fundamentals" is our easiest class, but if you're fit and want more challenge try "Yang 1" or "WCC Chen's 60 Movements".

Options

- Register Online (credit card)
- Register by Mail (check)
- Register at Class (check or cash)

Registration and Fees (1/2019)

1. Contact Information

Name _____

Address _____

City/St./Zip _____

Phone _____

email _____

2. List Your Class or Classes

| Code | Class Name | Day |
|------|------------|-----|
| | | |
| | | |
| | | |

3. Choose a Membership 16 weeks

| | |
|------------------------------------|--|
| Session (1 class/week) | \$192 |
| Session (2 classes/week) | \$288 |
| Session (Unlimited Classes) | \$336 |
| Annual (Unlimited Classes) | \$690 |
| 5 Week Trial (Unlimited Classes) | \$ 75 <i>(5 week trial available to new members only)</i> |
| Beginners Special (2 classes/week) | \$144 |

4. Register Before 1st Class - \$10

5. Total Fee* \$ _____

*No refunds. Membership can be transferred or deferred up to one year.

6. Mail Check & Registration to:

Tai Chi Center of Madison LLC (Office)
5313 Fairway Dr. Madison WI 53711

You may also register at class or online.

Questions?

608-663-8299

www.taichicenterofmadison.com